

# JOIN YOUR LOCAL **ARTHRITIS** GROUP!

## Do you have arthritis?

UK charity Arthritis Action runs a local group in Leicester for people living with arthritis in the area.

By **joining a Group** you can find out more about living with arthritis and how the condition impacts others.

Topics of discussion include:

- ◆ Living with Arthritis
- ◆ Physiotherapy
- ◆ Acupuncture

**3rd September | 15th October | 26th November**  
**DOCK Leicester, 75 Exploration Drive, LE4 5NU**  
**\* all meetings run from 2pm - 4pm \***

To find out more and to book your place, please contact us

📞 **0203 781 7120** | 📧 **info@arthritisation.org.uk**

