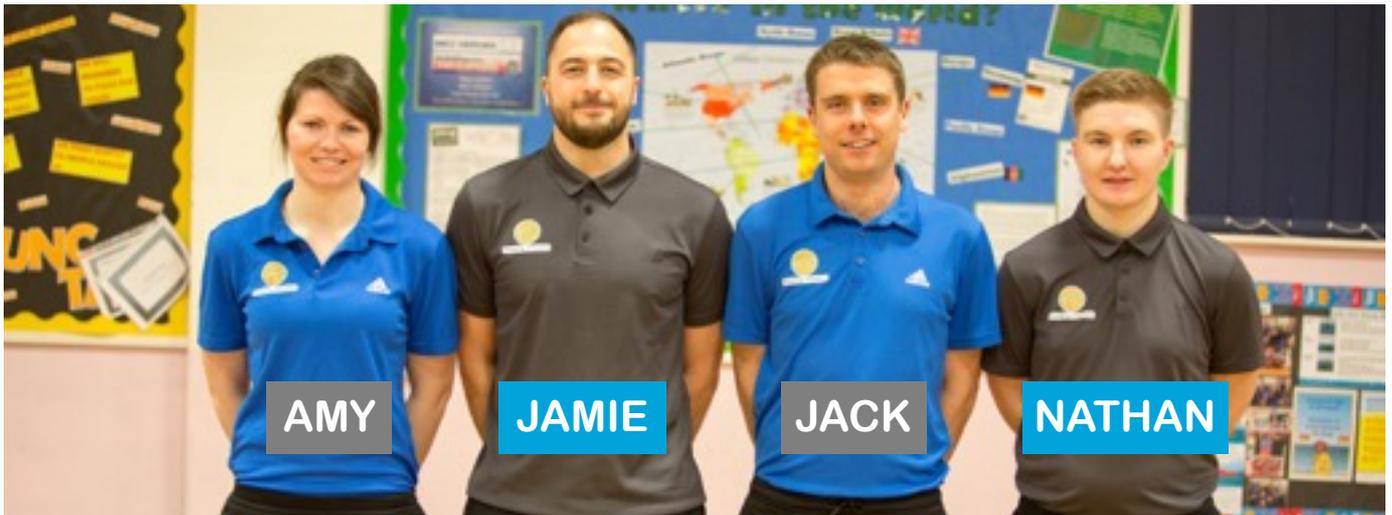


Free Active Holiday Clubs



Who Are We

Finding Fitness are a company made up of four full time coaches, who deliver sports and fitness programmes to primary school children, with the goal of getting more people, more active, more often. Our company was established in 2012, so we have lots of experience; we are well qualified, including having public liability insurance, first aid and safeguarding training.



What We Do

We look to give children free to access, local sports opportunities, whilst providing parents with much needed provision during parts of the school holidays. Specifically, we look to run Active Holiday Clubs where two coaches facilitate a wide variety of sports with up to 20 children between the hours of 09:30 and 15:30. We run these clubs for five days per week, allowing up to 100 children to take part in the clubs each week. We look to run three separate weeks. Sports include tennis, football, cricket, tag rugby, hockey, basketball, netball, rounders, athletics, table tennis, ultimate frisbee and Boxercise.

Who's It For?

Our programmes are for any community where children struggle to access holiday clubs, either due to a lack of service in the local area or because of financial barriers. Communities need to have the appropriate facilities in which we can run our activities. We need an indoor space in which we can play indoor games and an outdoor space, where we'd look to conduct most of our activities. The indoor and outdoor spaces don't have to be in the same location, although it helps, and facilities don't have to be run or controlled by councils.

How We Do It

- 1) We talk to a contact from the council, such as the clerk to the council, to establish whether there is a need locally for the events that we propose, and we find out whether your local area has the facilities that we would need.
- 2) We then start to write a lottery funding application on behalf of the council. We apply for funding to cover our costs to run the clubs, the cost to hire a venue to facilitate the clubs and to purchase some sports equipment for us to use during the project, and for the council to own. We'll draft up the vast bulk of the application form, answering all the in-depth questions.
- 3) We'll then send our draft to the clerk, or other council contact, for them to finalise. They'll need to make sure they're happy with the content that we've written and answer a few short questions before submitting the application.
- 4) Once submitted, it will take 8-12 weeks to hear a decision. If the application is accepted, we finalise the dates in which we'll run the clubs and book the venue. We then start to promote the clubs by contacting local schools and through putting information on social media. If the application is rejected, they'll tell you why and you'll have the option to reapply. The decision to reapply is made by the council.
- 5) Once publicised, parents will start to apply for places through our online booking system. Parents will be able to select to do specific days or the whole week. On the advertised deadline date, we will email all the parents to notify them of which days we are able to offer their children. In the likely event that we have over 20 applicants per day, we offer places out fairly, ensuring that every child is able to attend for at least one day.
- 6) Once the clubs are completed we will invoice you for our services. This money will come out of the grant which you will already have received and therefore won't incur the council any additional costs.



Contact Information

If you're interested in what we do, please contact company director Jack Hubbard on 07536068042 or email jack@finding-fitness.co.uk

You can also visit our website which will give you a greater insight into what we do by visiting www.finding-fitness.co.uk